

February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Support Group meets Conference Room C February 4 at 1 P.M.	Family Meeting February 8 at 4 P.M.	Happy Birthday Johanna M. 2/15 Fred R. 2/21	1 Beauty Day 9:30 Rhythm Move 10:00 Craft 11:00 Individual Activity 1:30 Relax with Music 2:00 Smoothie 3:00 World Travel 4:00 Individual Activity	2 Groundhog Day 9:30 Exercise 10:00 Cupid History 10:30 Puppy Sensory 11:00 IN2L 1:30 Individual Activity 2:00 History 3:30 Remember When 4:00 Individual Activity	3 9:30 Exercise 10:30 Man Time 1:00 Individual Activity 1:45 Happy Hour 4:00 Individual Activity	4 9:00 News and Views 10:00 Carmel Heart Brownies 11:00 Sing-along 1:00 Individual Activity 2:00 Francis to Entertain 2:30 Brownies and Juice 3:00 Trivia 4:00 Resident's Choice	
5 9:00 Sunday Hymns 10:00 News and Views 11:00 Communion 1:30 Revisiting Places 2:30 Movie Matinee 4:00 Resident's Choice	6 9:30 Italian Love Cake 10:30 Exercise 1:00 Timeless Memories 2:00 Birthday Party 3:30 Exercise 4:00 Therapeutic Music with Rick in Aspen	7 9:30 Manicures & Massages 11:30 Individual Activities 1:30 Feathers Sensory 3:00 Snack 4:00 Individual Activity	8 Beauty Day 9:30 Rhythm Move 10:00 Craft 11:00 Individual Activity 1:30 Relax with Music 2:00 Roost Beer Floats 3:00 Travel Paris 4:00 Individual Activity	9 10:00 Sensory Peaches 10:30 Old Tyme Radio 11:00 IN2L 1:30 Individual Activity 2:00 Alabama History 3:30 Movie 4:00 Individual Activity	10 9:30 Exercise 10:30 Ladies' Group 1:00 Individual Activity 2:00 Happy Hour 4:00 Individual Activity	11 9:00 News and Views 10:00 No Bake Pecan Cookies 1:00 Individual Activity 2:00 Don Garcia 3:00 Cookies and Tea 4:00 Resident's Choice	
12 9:00 Sunday Hymns 10:00 News and Views 11:00 Communion 1:30 Revisiting Places 2:30 Hand Massages 4:00 Resident's Choice	13 9:30 Peach Cobbler 10:30 Exercise 1:00 Individual Activity 2:00 Cobbler a la Mode 3:00 Timeless Memories 4:00 Individual Activity	14 Valentine's Day 9:30 Manicures & Massages 11:30 Individual Activities 2:00 Valentine Tea 3:30 Love Songs 4:00 Individual Activity	15 Beauty Day 9:30 Rhythm Move 10:00 Craft 11:00 Individual Activity 1:30 Relax with Music 2:00 Yogurt 3:00 Bell Ringing Demo 4:00 Individual Activity	16 9:30 Exercise 10:00 Seeds Sensory 10:30 History 11:00 IN2L 1:30 Individual Activity 2:00 Snack 3:30 Remember When 4:00 Individual Activity	17 9:30 Exercise 11:00 Man Time 1:00 Individual Activity 2:00 Happy Hour 4:00 Movie	18 9:00 News and Views 10:00 Love Letter Cookies 11:00 Sing-along 1:00 Individual Activity 2:00 Don Garcia 3:00 Milk and Cookies 4:00 Resident's Choice	
19 9:00 Sunday Hymns 10:00 News & Views 11:00 Communion 1:30 Revisiting Places 2:30 Hand Massages 4:00 Resident's Choice	20 President's Day 9:30 Lovely Lemon Bars 10:30 Exercise 1:00 Individual Activity 2:00 Lemon Bars and Tea 2:30 Noodle Ball 3:00 :00 Sing-along 3:30 News and Views 4:00 Individual Activity 3:30 Sports Games 4:00 Lift the Spirit	21 Fat Tuesday 9:30 Manicures & Massages 11:30 Individual Activities 2:00 Mardi Gras Party in Aspen 4:00 Individual Activity	22 Ash Wednesday 9:30 Rhythm Move 10:00 Craft 11:00 Individual Activity 1:00 Relax with Music 2:00 Ash Wednesday Ceremony in Copper 3:00 Cheese and Crackers 4:00 Individual Activity	23 9:30 Exercise 10:00 Apple Sensory 10:30 Old Tyme Radio 11:00 IN2L 1:30 Individual Activity 2:00 Snack 3:30 Movie Matinee 4:00 Individual Activity	24 9:30 Exercise 10:30 Ladies' Group 1:00 Individual Activity 2:00 Happy Hour with Cliff 4:00 Individual Activity	25 9:00 News and Views 10:00 For My Love Sugar Cookies 11:00 Sing-along 1:00 Individual Activity 2:30 Snack 3:00 Trivia 4:00 Resident's Choice	
26 9:00 Sunday Hymns 10:00 Table Activity 11:00 Communion 1:30 Revisiting Places 2:30 Hand Massages 4:00 Resident's Choice	27 9:30 Mommies Loving Cookies 10:30 Exercise 1:00 Individual Activity 2:00 Cookies and Cocoa 2:30 Noodle Ball 3:00 Sing-along 3:30 News and Views 4:00 Individual Activity	28 9:30 Manicures & Messages 11:30 Individual Activities 1:30 Pineapple Sensory 3:00 Snack 4:00 Individual Activity	29 Beauty Day 9:30 Rhythm Move 10:00 Craft 11:00 Individual Activity 1:30 Relax with Music 2:00 Peanut Butter & Apples 4:00 Individual Activity	All scheduled outdoor activities may be moved inside due to inclement weather.			

Families are encouraged to participate in activities.
All Activities are subject to change.



NEW DAWN
MEMORY CARE
ASPEN