

Sample Menu



NEW DAWN
MEMORY CARE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast Menu						
Assorted Fruit Juices Milk	Assorted Fruit Juices Milk	Assorted Fruit Juices Milk	Assorted Fruit Juices Milk	Assorted Fruit Juices Milk	Assorted Fruit Juices Milk	Assorted Fruit Juices Milk
Pancakes and Bacon	Scrambled Eggs Toast	French Toast Sausage	Scrambled Eggs Biscuits	Waffles and Bacon	Scrambled Eggs Cinnamon Roll	Scrambled Eggs Ham
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Oatmeal	Grits	Cinnamon Apple Oatmeal	Malt-O-Meal	Oatmeal	Cream of Wheat	Raisin Spice Oatmeal
Dinner Menu						
Cabbage Soup	Beef & Vegetable Soup	Cheese Tortellini Soup	Beef & Mushroom with Orzo Soup	Chicken & Rice Soup	Ham & Beans Soup	Chicken Soup
Crab Cake	Eggplant Parmesan	Chicken Fricassee	Chopped Steak with Mushrooms	Seasoned Tilapia	Thyme & Sage Pork	Herb Baked Chicken
Rice Pilaf	Buttered Pasta	Baked Sweet Potato	Mashed Potatoes	Tricolor Pasta	Scalloped Potatoes	Mashed Potatoes
Baked Squash	Sunshine Salad	Spring Vegetables	Snow Peas	Buttered Broccoli	Braised Cabbage	Succotash
Ambrosia	Pumpkin Bar	Berry Topped Pound Cake	Cherry Pie	Bananas Foster	Apple Crisp	Blueberry Pie
Supper Menu						
Cabbage Soup	Beef & Vegetable Soup	Cheese Tortellini Soup		Chicken & Rice Soup	Ham & Beans Soup	Chicken Soup
Roast Turkey Sandwich	Brown Sugar Glazed Ham	Beef Brisket		Chicken Vanderbilt	Steak Fritters with Gray	Scrambled Eggs and Bacon
Mashed Potatoes	Honey Roasted Sweet Potatoes	Herbed Potatoes		Orzo	Homemade Potato Chips	Potatoes O'Brien
Cauliflower	Brussels Sprouts	Buttered Carrots		Spinach	Carpi Vegetables	Fresh Fruit
Jell-O	Poke Cake	Peach Melba		Strawberry Mousse	Ice Cream Sundae	Donut Holes